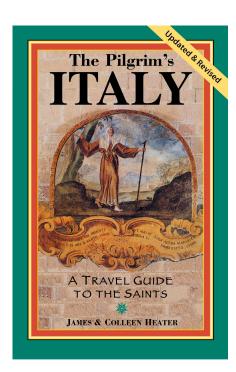
## The Pilgrim's Italy A Travel Guide to the Saints

## James and Colleen Heater

"Pilgrims are not tourists. They have come, quietly and humbly, to seek the holy and enter more deeply into God's Blessedness. The Heaters have found this stillness for themselves and share its essentials with anyone who earnestly seeks God."

Sister Wendy Beckett, author of The Saints with Sister Wendy



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Inner Travel Books March 2008 www.innertravelbooks.com Second Edition Updated & Revised Paper \$19.95 ◆ Travel/Italy ◆ 5.5 X 8.5 296 pages ◆ 77 photos ◆ 28 maps Explore the spiritual side of Italy with this book as your comprehensive guide. Whether you are a novice or a well-traveled pilgrim, here is all the information you need to visit profound pilgrimage sites, meditate on the lives of saints, and experience their blessings.

Create your own pilgrimage adventure:

- ◆ Discover the inspiring lives of the saints
- + Explore hidden rooms with saints' relics
- + Learn to meditate with the saints
- ◆ Find quiet areas for meditation and prayer
- + Locate shrines easily with useful maps and directions
- Arrange lodging in monasteries and convents

## New in this second edition!

Information on two revived ancient pilgrimage routes! The Via Francigena transverses Italy from the northwest Alps to Rome, and the Rieti Valley has it's own sacred path linking the sanctuaries visited by St. Francis.

Three shrines related to St. Anthony of Padua have been added; two in Camposampiero and one in Arcella, where the saint spent his final days.

Completed in 2004, the new Church of St. Pio of Pietrelcina is included and now houses 8,000 pilgrims, in this ever-popular shrine to the modern day saint.

All contact information and resources have been updated, with additional books and websites for finding lodging in monasteries and convents.

JAMES AND COLLEEN HEATER have combined their interest in the lives of the saints and their love of travel to create a unique series of spiritual travel guides that lead to more meaningful and enriching travel experiences. Their honeymoon to Italy in 1998 evolved into a journey of pilgrimage and sparked the idea for writing the series. They have since written and published pilgrimage guides to Italy and France, with plans of adding Spain and India to the collection.

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